

WINE FOOD FARMGATE

Mornington Peninsula



BULK WHOLE FOODS MARKET & CAFE

Raw Chocolate Avocado Mousse

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INGREDIENTS - SERVES 6

1/4 cup Pure Peninsula honey
3 ripe local avocados
1/2 cup cacao powder (raw)
1 teaspoon vanilla powder
2 punnets of fresh raspberries or blueberries
coconut flakes

METHOD

Place all ingredients into a food processor until well combined. Spoon into ramekins and place in the fridge to set (approx. 30mins)

TO SERVE

Top with your choice of berries and/or coconut flakes to serve.

MATCHED BEVERAGE

Mock Red Hill sparkling apple juice

ABOUT BULK WHOLE FOODS MARKET & CAFE

Offering a great range of organic pantry staples and hard to find products for health conscious foodies as well as organic meats, fruits and vegetables, and beauty products. Our cafe offers raw desserts & salads, savoury toasts, hand crafted dairy free goodies, smoothies, coffee and tea. All made from mainly organic ingredients. 1081 Frankston-Flinders Road, Somerville, 3912

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www.bulkwholefoods.com.au



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