

# WINE FOOD FARMGATE

Mornington Peninsula



**EIGHTEEN 78 @ BROOKLANDS**

Lamb Shoulder with Harrissa Paste

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## INGREDIENTS - SERVES 6

### For Harrissa Paste:

4 long fresh red chillies  
2 garlic cloves crushed  
1 tsp of salt  
1 tsp of ground cumin  
¼ cup of fresh coriander leaf  
1 tbs of olive oil

### For Compressed Lamb Shoulder:

1 boned lamb shoulder (ask your local butcher)  
4 cloves of garlic  
2 bay leaf (dry or fresh)  
1 tsp of black peppercorns  
2 stems of rosemary  
2 litres of duck fat (vegetable oil can be used as a substitute)

## METHOD

### For Harrissa Paste:

Halve chillies. Remove the seeds and discard. Finely chop the chilli. Combine the chilli, garlic, salt, cumin, coriander, olive oil in a mortar and use a pestle to pound until a smooth paste forms.

### For Compressed Lamb Shoulder:

Place all ingredients in a deep oven tray and cover with oil. Place a layer of backing paper and a layer of tinfoil over the tray. Place in oven over night on 90 °C or until lamb is tender. Drain all excess oil from the lamb and put aside. Using a tray of the same size press the lamb with a weight and allow the lamb to set. Portion lamb to your preferred size. Before reheating, add a light coating of the Harissa.

## MATCHED BEVERAGE

Foxeys Hangout 2013 Shiraz.

## ABOUT EIGHTEEN 78 @ BROOKLANDS

Eighteen78 @ Brooklands is set in an historic homestead built in 1878. We have created a menu and wine list specialising in local produce from the Mornington Peninsula. We focus on quality, delicious dishes served with good old-fashioned customer service. Classic, modern Australian is the champion theme of the dishes at Eighteen78.

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[www.brooklandsofmornington.com.au/eighteen78](http://www.brooklandsofmornington.com.au/eighteen78)

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