

WINE FOOD FARMGATE

Mornington Peninsula



SUNNY RIDGE STRAWBERRY FARM
Strawberry Smoothie

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INGREDIENTS - MAKES 1

150g Sunny Ridge strawberries, washed and hulled

2 teaspoons icing sugar

2 teaspoons Pure Peninsula honey

250ml quality greek yoghurt

Handful of ice

1 tablespoon grated chocolate for decoration

METHOD

Place all the ingredients (except for the chocolate) into food processor and blend until smooth.

Alternatively used 250 grams of frozen strawberries instead of the fresh fruit and ice.

TO SERVE

Pour mixture into a tall glass and sprinkle grated chocolate on top.

Enjoy!

ABOUT SUNNY RIDGE STRAWBERRY FARM

Indulge in a total strawberry experience at Sunny Ridge Strawberry Farm, the largest producer of strawberries in Australia. Pick your own famous Sunny Ridge premium berries (Nov-April), treat yourself to heavenly desserts, award winning farm made ice cream, chocolate fondue berries, boutique strawberry wines and liqueurs.

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www.sunnyridge.com.au

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